

## Assembly Instructions for 2ft6 and 3ft Adjustable Beds

### Fitting pack includes

6 x Silver Glide feet



2 x Headboard Bolts



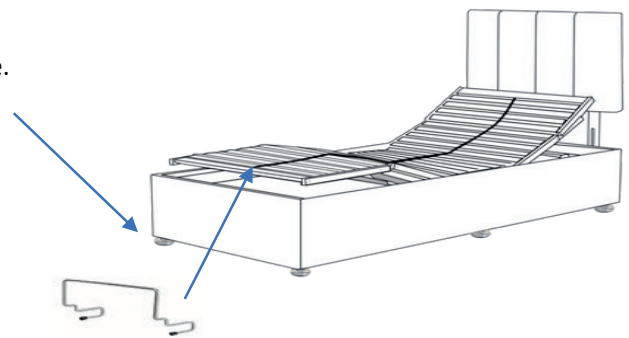
2 x Plastic Spacers



Once unwrapped, turn the adjustable base on it's side and un-clip the mains cable and handset from below the slatted base.

Insert the 6 silver glide feet into the underside of the base.  
1 in each corner and 2 in the middle of the base.  
You may have to tap them in with a rubber mallet.

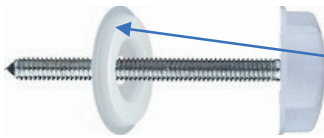
Fit silver mattress retaining bar onto the first wooden slat at the foot of the base. This stops the mattress from sliding down when the headend is raised.



If you have purchased a massage unit, this will be required to be bolted to under side of the slatted frame in the lower back and thigh area.

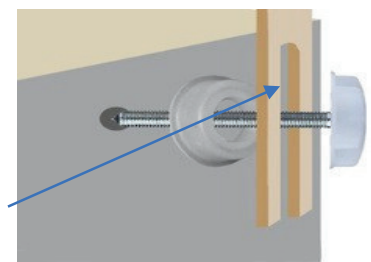


The massage unit requires to be plugged into a mains socket.



If you are using a headboard, place the plastic spacer over the threaded bolt. Insert the bolt into the hole provided in the base and turn clockwise, leaving

enough space for the headboard strut to slide in between the spacer and the bolt head. The bolts can now be tightened by hand.



Once plugged in, you can raise or lower the bed ends separately or together to a point of comfort or a sitting position that will aid you when getting in and out of bed.



## Assembly Instructions

### for 3ft6, 4ft and 4ft6 Adjustable Beds

#### Fitting pack includes

8 x Silver Glides



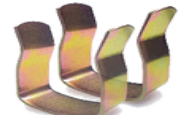
4 x Headboard Bolts



4 x Plastic Spacers



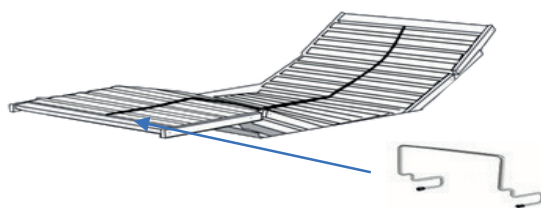
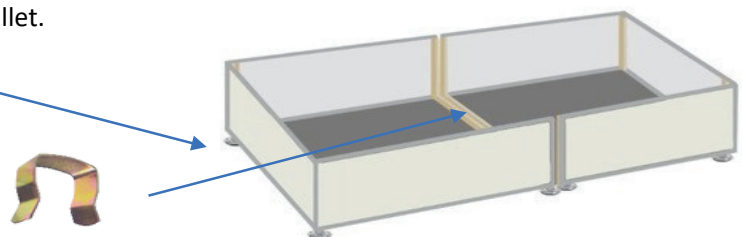
2 x U-Clips



Once unwrapped, turn the adjustable base on it's side and un-clip the mains cable and handset from below the slatted base.

Insert the silver glide feet into each corner on the underside of the base. You may have to tap them in with a rubber mallet.

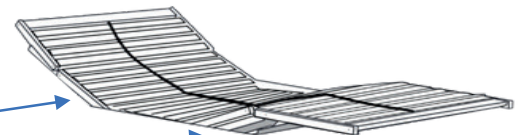
Push both halves together and place the u-clips over the 2 wooden straps at the bottom of the base



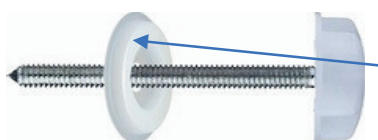
Place the slatted frame into the divan base and fit the silver metal mattress retaining bar to the first wooden slat at the end of the bed. This stops the mattress from sliding down when the headend is raised.



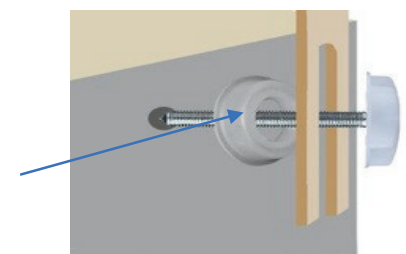
If you have purchased a massage unit, this will be required to be bolted to under side of the slatted frame in the lower back and thigh area.



The massage unit requires to be plugged into a mains socket.



If you are using a headboard, place the plastic spacers over the threaded bolts. Insert the bolts into the holes provided in the base and turn clockwise, leaving enough space for the headboard strut to slide in between the spacer and the bolt head. The bolts can now be tightened by hand.



Once plugged in, you can raise or lower the bed ends separately or together to a point of comfort or a sitting position that will aid you when getting in and out of bed.



## Assembly Instructions for 5ft and 6ft Adjustable Beds

### Fitting pack includes

12 x Silver Glides



4 x Headboard Bolts



4 x Plastic Spacers



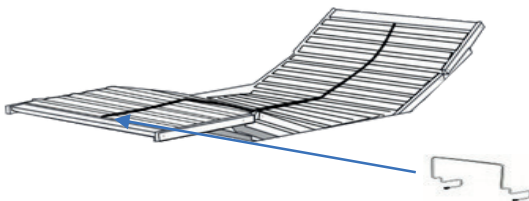
2 x U-Clips



Once unwrapped, turn the adjustable bases on their sides and un-clip the mains cables and handsets from below the slatted base.

Insert the 6 silver glide feet into the underside of each base.  
1 in each corner and 2 in the middle of the base.  
You may have to tap them in with a rubber mallet.

Push both halves together and place the u-clips over the 2 wooden straps at the bottom of the base



Fit silver mattress retaining bars onto the first wooden slat at the foot of each base. This stops the mattresses from sliding down when the headends are raised.



If you have purchased a massage unit, this will be required to be bolted to under side of the slatted frame in the lower back and thigh area.

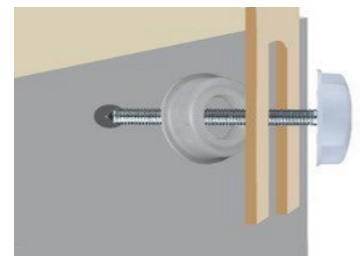


The massage unit requires to be plugged into a mains socket.



enough space for the headboard strut to slide in between the spacers and the bolt heads. The bolts can now be tightened by hand.

If you are using a headboard, place the plastic spacers over the threaded bolt. Insert the bolts into the hole provided in the base and turn clockwise, leaving



Once plugged in, you can raise or lower the bed ends separately or together to a point of comfort or a sitting position that will aid you when getting in and out of bed.

